



## SUMMER 2023 Events + Classes

### Creative 360's Mission

To create environments that allow people of all ages and abilities to experience the creative process, and to enhance physical, mental and spiritual wellness through the arts and humanities.



### Core Values

**Inclusiveness** – No matter your age, gender, race, beliefs, skills or life circumstances, you are welcome at Creative 360 and are free to be yourself.

**Creativity** – We believe that imagination and free expression are essential to any person's life. We see creativity not as a finished product, but a journey of discovery, so we provide a non-judgmental atmosphere where all work is treasured.

**Respect** – We respect not only people, but also ideas. We are open to new and non-traditional programming. We believe in the power of saying "yes."

**Community** – We believe that unity and compassion are components of a strong society. We work to bring people together.



THE HERBERT H. AND GRACE A. DOW FOUNDATION

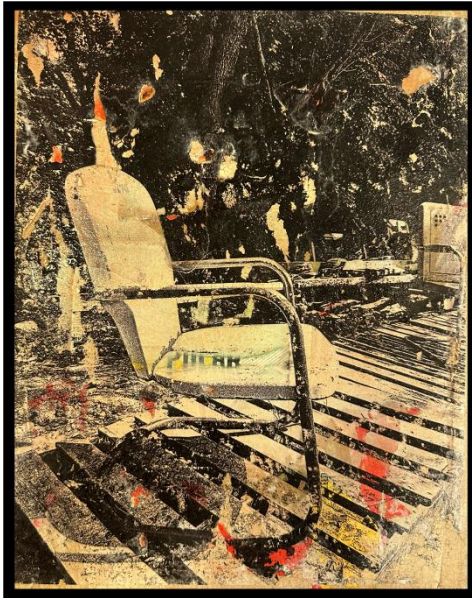
Activities at Creative 360 are supported in part by the Michigan Arts & Culture Council; a partner agency of the National Endowment for the Arts, Midland Area Community Foundation, and The Herbert H. and Grace A. Dow Foundation.

## CREATIVE 360 HAS TWO LOCATIONS:

- 5501 Jefferson Avenue • Midland, MI 48640
- Downtown • 142 + 144 Ashman Street Galleries. Midland, MI 48640

**Classes + events in blue take place downtown**

**TO REGISTER: 989-837-1885 • becreative360.org**



## Honoring the Process

### The Art Valerie Allen, Todd Burroughs, and Tim Ricketts

Honoring the Process speaks to the passion and respect each of these artists have for their art practices as evidenced by the remarkable quality of their art.

**Valerie Allen** is an abstract painter, a certified artist for Golden Artist Colors, and podcast co-host of Art Ladders: The Creative Climb with Armin Mersmann. The mantra that leads her creative path is to repeat these three words - process, produce and present. The intent to have her artwork cultivate communities of communication between artists and audience.

**Todd Burroughs** is an artist educator and the founding director of Atelier School of Art in Royal Oak, Michigan. Todd's artistry spans a diverse range of mediums. He is known for traditional and experimental bodies of work in oil painting, drawing, and photography, and for embracing a wide spectrum of drawing and painting methodologies.

**Tim Ricketts** is a potter and artist educator. He teaches ceramics at the Midland Center for the Arts. The work that will be shown at Creative 360 was fired in his soda kiln. Its unique characteristic is the "orange peel" effect on the clay emphasizing the clay body and the forms of the vessels. His goal is to have a complex glaze effect that encourages the viewer to look at the entire piece. Tim has found the soda technique to be the best to emphasize the applied textures he uses in his work.

On exhibit through 10/15.

**Opening Reception: Friday, September 8**

**7:00 - 8:30 pm / No Charge**

**Admission to all of our gallery exhibits is free and we are grateful for your donations that allow us to continue this policy. Call for weekend and evening hours.**



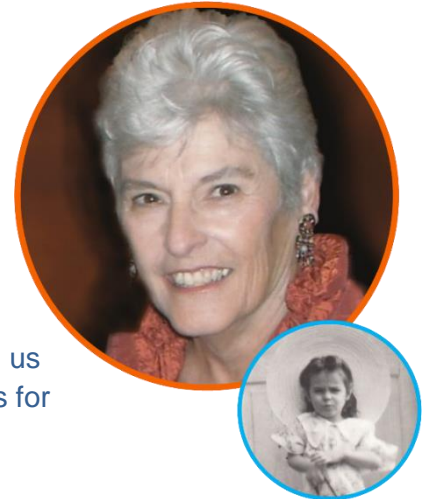
## EVENTS



### Yes We Can!

Creative 360 launched

this innovative program in the winter of 2014 as a way to engage with, and learn from, seniors over 80 years old and their wealth of experience and knowledge. We have celebrated more than 350 Great Lakes Bay artists, scholars, scientists and community leaders as they encourage and motivate us all to be more active, contributing community members at every age! Join us for this wonderful luncheon celebrating Carol Coppage.



### Carol Coppage

**Community Leader, Arts Administrator, Educator, Volunteer**

**Friday, August 18 / 11:30 am to 1:00 pm \$30**

***You must call to reserve a space. 989-837-1885***

*This event will be held at Creative 360's new location, 5501 Jefferson Ave. Midland MI 48640*

Carol has had a rich and varied career which began in the sciences with a biology degree and work as a chemist and concluded in the arts and creative endeavors. After moving to Midland in 1961 with husband John, her fascination with art history and tireless work as a volunteer led to an administrative position for the Midland Art Council of the Midland Center for the Arts. During her tenure as the Director of the Alden B. Dow Creativity Center, on the Northwood University Campus, Carol taught classes on creative behavior, supervised the Fellowship Residency Program, and established the International Conference on Creativity in Colleges and Universities. Carol organized the Alden B. Dow Archives and eventually became Director of the Alden B. Dow Home & Studio. She retired in 1998 and now enjoys an active and interesting life in California.



### The Philadelphia Story

by Phillip Barry

Tracy Lord, a Philadelphia socialite, is headstrong and spoiled. Already divorced once, Tracy is about to be married again when her first husband shows up to throw a wrench in the works. The wedding weekend grows more eventful as a handsome gossip reporter and a camerawoman arrive to cover the wedding... a ploy Tracy's brother hopes will divert their attention from a current family scandal.

The big screen version of this furiously witty comedy of manners revitalized the career of Katharine Hepburn and cemented her

status as the era's most iconic leading lady. Hepburn played the formidable socialite Tracy Lord against various romantic foils, chief among them her charismatic ex-husband (Cary Grant) and the tabloid reporter (James Stewart, in his only Academy Award-winning performance). This fast-talking, screwball comedy is also a tale of regret and reconciliation and is absolutely hilarious performed live!

Two nights to choose from. Reserve your tickets early.

Friday, September 22 / 7:00 – 9:00 pm / \$15 prepay, \$20 at the door / BYOB

Saturday, September 23 / 7:00 – 9:00 pm / \$15 prepay, \$20 at the door / BYOB



### **Blast from the Past**

#### **Big Band Nights**

Creative 360 is proud to be the home of the Blast from the Past Big Band, Midland's oldest continuous big band.

This exceptional band performs seven in-house concerts a year playing a variety of favorites from the 40s and 50s along with a few modern songs. Creative 360 puts up a lovely dance floor and adds some snacks to keep the party going. The concerts and dances take place first Mondays!

October 2 / 6:00 – 8:00 pm / Free!

*We are grateful for your donations that allow us to continue providing exceptional events like this!*

## **ARTS & HUMANITIES**

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### **Riverside Writers - Writing & Telling Your Story**

Everyone's life is a story to tell. Join us at the comfortable and casual Riverside Apartments community lounge on Main Street where Anne McGeehan-Woodard leads the writing and/or telling of your stories. Sharing is confidential and optional. Memories are captured and fellowship grows amongst the group. Let us know if you are interested in attending.

Tuesdays, September 5 through December 19 / 3:00 – 4:00 pm / Free



**The Process Project:  
Explorations in Abstraction  
A Two-Day Workshop with  
Valerie Allen**

*“Val is a truly remarkable teacher – patient, encouraging, and energetic. I learned new techniques, but even more I was able to find and develop MY power as an artist!”*

Explore the power of process to create three exceptional works of abstract art with award winning artist and teacher Valerie Allen. Developing your visual language through intuitive mark-making, telling your authentic story with abstract painting, and cultivating a spirit of adventure with each work are just some of the experiences Val will facilitate. As a Certified Working Artist for Golden Paints, she will also share a variety of their latest products including colors, gels, pastes, and mediums to allow each student to experiment and build confidence with new techniques.

Each fun and fast-moving session includes the opportunity for question-and-answer, reflection, and plenty of trial and error. An easy to find supply list will be provided upon registration. Each day includes a one-hour communal lunch break, which is provided with your tuition.

**Friday, September 15 & Saturday, September 16**

**10:00 am – 4:00 pm each day / Lunch Provided**

**\$320 / Preregistration required by September 11. Space is limited!**



**Make Art and Friends....Outdoors!**

Gather in beautiful outdoor spaces and make art with Midland as the muse. All mediums welcome: painting, drawing, photography, sculpture. We will meet at each location, then set up and make art in an unstructured format. Basic viewing of others work can take place at the end. Bring all of your own materials including chairs and a beverage! All ages & art skills encouraged. Facilitator Jackie Licquia has worked with a variety of people as an art teacher, activities director, and art therapist. She enjoys found object and mixed materials but her

favorite medium is the creative expression of others. **Preregistration required.**

**Saturdays, 4:00 – 6:30 pm / \$5 each gathering / Rain Date same time and location on the next day - Sunday**

August 26 / Downtown, Main St. – Cityscape

September 23 / Dahlia Hill - Still Life

October 28 / Barstow Pavilion – Fall Colors







## IMPROV 360

*It's not acting – it's reacting!*

**“This is the coolest thing happening in Midland right now!”**  
**~ A student**

Improv is a lively, super fun, team sport that encourages you to be agile and to think on your feet. It can improve your confidence and comfort in ambiguous situations; focus your awareness on concentrating, observing, and listening as core skills; increase collaboration and trust with your teammates; and improve communication, being present, and accepting failure. Coach Ariel Rak will get you up and playing right from the start. Through games and exercises we will increase collaboration and trust with our teammates and improve communication, being present, and accepting failure in a safe and nurturing environment. For those with no improv experience or those who just miss it. Held DOWNTOWN @ C360 Galleries 144 Ashman. Ages 18+

Coach Ariel Rak studied and performed short and long form improv with Magnet Theater (NYC) and the N.J. School of Dramatic Arts and was a member of ComedySportz before moving to Midland.

***You don't need to be funny . . . you just need to be there!***

Tuesdays, 7:00 – 9:00 pm / \$100

Sept. 19, 26, Oct. 3, 10, 17, 24, no class 10/31 meet on Friday, Nov. 3 instead, Nov. 7, 14

***Held DOWNTOWN @ Creative 360 Galleries 144 Ashman***

### **Matter of Opinion with Andy Rapp**

*An opportunity to share views on current affairs in a civilized manner.*

Andy Rapp is a well-known speaker and 40-year broadcast veteran and has interviewed some of the most celebrated people of his time including Ralph Nader, Charleton Heston, Jesse Owens, Vincent Price, and Edward Teller. His work as a newspaper columnist and college professor led directly to his popular PBS television show **Currently Speaking**.

Please let us know you are coming!

Thursday, September 28 / 7:00 – 8:00 pm / \$5

### **COMING IN SEPTEMBER!**

**Acrylic Painting Classes**

**Color Theory Workshop**

**Beginning Drawing**

**Experimental Drawing Workshops**

**Crochet**

**And More!**



## Tai Chi 360

Also known as “moving meditation,” tai chi is a series of slow, gentle motions that are patterned after movements in nature. It has many health benefits for both body and mind and promotes an overall sense of well-being, vitality and inner calm. The class offers deep,

internal understanding of the practice and whether this is your first time or you’ve been practicing for years, you are welcome! Taught in an open, friendly atmosphere. With Dianna Cole.

Tuesdays September 5 through December 19 / 11:00 am – 12:00 pm / \$5 drop-in.



## Alignment 8 Yoga at Creative 360

*“Keri gives us all permission and space to grow, rest, restore, connect, and honor ourselves..” ~ A Student*

Creative 360 is the home for Alignment 8 with Keri Kenney, ERYT500. Keri has over 2000 hours of teaching experience with dynamic and diverse populations. She truly meets her students where they are and is committed to the physical, mental and spiritual health and wellness of all.

*Classes held at either at Creative 360’s downtown space at 144 Ashman St. or at 1517 Bayliss*

### **Our pricing is community based:**

- *Community rate is \$10 (discounted). Available so that everyone can experience the healing power of the practice.*
- *Sustainer rate is \$15 (pays for you). The rate at which we can sustain the program.*
- *Supporter rate is \$20 (pays for you and another). Pays not only for you but also the balance of the sustainer rate for community participants.*

### **Vinyasa Flow**

**Held @ Creative 360 Ashman St. Galleries 144 Ashman St.**

Vinyasa yoga pulls from many different paths of yoga including Iyengar, Hatha, Power, and Ashtanga and integrates alignment, integrity, and intention. Designed as a moving meditation, every Vinyasa class is unique, creating the opportunity to become stronger, more flexible, and balanced. Using sun salutations and breath-linked movement to transition from one pose to the next makes for a physically challenging class that allows students to move and focus on the breath while detoxing the body, mind, and spirit. Accessible and aligned yoga practices for all: Every class meets the moment and the needs of each practitioner in that moment with gentle guidance, ground and the grace to remember we each are and have all that we need. All are always welcome.

***Mondays, 5:30 – 6:45 pm / Held @ Creative 360 Ashman St. Galleries 144 Ashman St.  
Saturdays, 9:00 – 10:15 am / Held @ Creative 360 Ashman St. Galleries 144 Ashman St.***

### **Restorative Yoga**

***Held @ Creative 360 Ashman St. Galleries 144 Ashman St.***

A class accessible and aligned for all.

Restorative Yoga aims to foster mindfulness, patience, and compassion through gentle grounding postures, pranayama, and restorative practices. Restorative Yoga gives us a sacred and safe place to land, breathe, witness, and be. We will allow ourselves to rest, reflect, and receive comfort and cultivate the courage to gently allow and let go.

All are always welcome no matter what experience. Please do let us know how we can best be of support to you and your palace and protection of peace.

We also encourage bringing 2 blankets, 2 blocks, a bolster, and yoga mat if you have your own; if not, no worries, we will have community props available.

***Mondays, 7:00 – 7:45 pm / Held @ Creative 360 Ashman St. Galleries 144 Ashman St.***

### **Chair Yoga**

Chair Yoga is a gentle practice in which postures are performed while seated and or with the aid of a chair. It is great for those with balance issues or trouble getting down and up off the floor. Chair yoga increases flexibility, strength and body awareness with different breathing techniques and meditation to promote focus, mental clarity and relaxation. All are always welcome to this space.

***Wednesdays, 10:30 – 11:30 am / Held @ 1517 Bayliss St.***

### **Breath + Meditation**

***Held @ Creative 360 Ashman St. Galleries 144 Ashman St.***

Pranayama is the practice of breath control. This class introduces yogic breathing and concentration exercises that lead to a meditative state. Regular practice purifies the body and calms the mind, eventually leading to experiences of deep relaxation, peace, and vitality. No prior experience is needed. This practice is suitable for anyone seeking to calm the mind and revitalize the body and spirit. Come comfortable and feel free to bring anything that supports you, your breath and the taking of your seat.

***Saturdays, 10:30 – 11:00 am / \$5 drop in / Held @ Creative 360 Ashman St. Galleries 144 Ashman St.***

## **CHILDREN & TEENS**

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### **Broadway Show Choir**

Broadway Show Choir is a musical ensemble that will combine choral singing with choreographed movement! Featuring musical theatre and pop music this group will work on music for a final performance and may also be featured in other Creative performances as well! The entire semester will finish with a 'Bring a Friend' Karaoke Party!

Ages 10-17 / \$80 per semester



Semester I: Sep. 5 - Dec. 5  
Tuesdays 4:00 pm - 5:15 pm  
Bring a Friend Karaoke Party Dec. 12

Semester II: Feb. 6 - May 7  
Tuesdays 4:00 pm - 5:15 pm  
Bring a Friend Karaoke Party May 14

### **CREATIVE THEATRE COMPANY**

The entire on stage experience from audition to final performance in only two weeks. Each session will present a show with cast size adjusted to the number of students registered and have a specific focus to expand the student's skill and confidence in all areas of performance. All sessions will focus on character work, effective use of language and strong storytelling.

Ages 10-17 / \$95 per session

Sign up for as few or as many as you like.

#### **SESSION 1 ~ Sept. 18 - 30**

Week 1: 18, 20, 22 / 5:00 -7:00 pm  
Week 2: 25, 27, 29 / 5:00 – 8:00 pm  
Sep. 30th / 6:00 pm Show!

#### **SESSION 2 ~ Oct. 16 - 28**

Week 1: 16, 18, 20 / 5:00 -7:00 pm  
Week 2: 23, 25, 27 / 5:00 – 8:00 pm  
Oct. 28th / 6:00 pm Show!

#### **SESSION 3 ~ Nov. 6 - 17**

Week 1: 6, 8, 10 / 5:00 - 7:00 pm  
Week 2: 13, 15, 17 / 5:00 – 8:00 pm  
Nov. 18th 6 pm Show!

#### **SESSION 4 ~ Feb 12-24**

Week 1: 12, 14 16 5-7 pm  
Week 2: 19, 21, 23 5-8 pm  
Feb. 24th 6 pm Show!

#### **SESSION 5 ~ Mar 18-30**

Week 1: 18, 20, 22 5-7 pm  
Week 2: 25, 27, 29 1-4 pm  
March 29\* 6 pm Show!

\*Friday show due to Easter

#### **SESSION 6 ~ April 15-27**

Week 1: 15, 17, 19 5-7 pm  
Week 2: 22, 24, 26 5-8 pm  
April 27 6 pm Show!

## **THEATRE IN A TRUNK**

Explore Drama through imagination! Each week students will find new treasures in the trunk that they can use to create characters, tell stories and have fun. Theatre in a Trunk will encourage kids to work as a team, grow their self-confidence, and view the world in an empathetic way.

Ages 5-7 and 8-11 / \$65 per session

### Fall Session:

Tuesdays: Sep 26, Oct 3, 10, 17

4:30-5:30 for Ages 5-7

5:30-6:30 for Ages 8-11

### Winter Session:

Tuesdays: Jan 16, 23, 30, Feb 6

4:30-5:30 Ages for 5-7

5:30-6:30 for Ages 8-11

### Spring Session:

Tuesdays: April 9, 16, 23, 30

4:30-5:30 for Ages 5-7

5:30-6:30 for Ages 8-11