SUMMER 2023
Events + Classes

Creative 360’s Mission
To create environments that allow people of all ages and abilities to experience the creative process, and to enhance physical, mental and spiritual wellness through the arts and humanities.

Core Values
- **Inclusiveness** – No matter your age, gender, race, beliefs, skills or life circumstances, you are welcome at Creative 360 and are free to be yourself.
- **Creativity** – We believe that imagination and free expression are essential to any person’s life. We see creativity not as a finished product, but a journey of discovery, so we provide a non-judgmental atmosphere where all work is treasured.
- **Respect** – We respect not only people, but also ideas. We are open to new and non-traditional programming. We believe in the power of saying “yes.”
- **Community** – We believe that unity and compassion are components of a strong society. We work to bring people together.

Activities at Creative 360 are supported in part by the Michigan Arts & Culture Council; a partner agency of the National Endowment for the Arts, Midland Area Community Foundation, and The Herbert H. and Grace A. Dow Foundation.

**CREATIVE 360 HAS TWO LOCATIONS:**
- Bayliss Street · 1517 Bayliss St. Midland, MI 48640
- Downtown · 142 + 144 Ashman Street Galleries. Midland, MI 48640

*Classes + events in blue take place downtown*

TO REGISTER: 989-837-1885 · becreative360.org
EXHIBITIONS

REBECCA HOUCK · VICTORIA PARKER · DARYL GRIGGS

On Exhibit Downtown @ Creative 360’s Ashman Street Gallery

The imaginative and sometimes fanciful art of Rebecca Houck, Victoria Parker, and Daryl Griggs is on exhibit at Creative 360’s Ashman Street Gallery through July. Admission to our exhibits is free and we are grateful for your donations that allow us to continue this policy. Call for weekend and evening hours.

14th Annual Festival Celebrating Michigan’s Visual Artists and Writers, Age 55 and Over

VISUAL ART EXHIBIT - This exhibition is shown in the gallery from June 23rd through the end of July. Call for hours for viewing. The jurist Kathryn Goffnett, Assistant Curator of Collections Cranbrook Art Museum, has selected the art to be exhibited as well as the prizewinners.

SENTIMENTAL JOURNEYS CREATIVE WRITING CONTEST - Jurists Sarah Yoder and Luana Russell selected winners in each category.

On exhibit through July 23rd.

Admission to all of our gallery exhibits is free and we are grateful for your donations that allow us to continue this policy. Call for weekend and evening hours.

Best In Show 2023
Always Welcome at My Table - Beth Bynum
Best In Show 2023
**Wednesdays in July for Teens!**

Hang out with artists downtown.
Ages 13 – 18 / No Charge!

Stop in between 12:00 – 4:00 pm
@ the 144 Ashman Galleries
Bring your own work or try the project we have.

**Improv Happy Hour**

*Downtown @ the Ashman Street Galleries*

Anyone can do Improv and it is the coolest non-contact team sport! Join Ariel Rak – fearless coach and host – who will lead us through outrageously funny games that bring out the best in everyone.

No experience necessary. Let us know you are coming! BYOB

Thursday, July 13 / 7:00 – 9:00 pm / No Charge!
Thursday, August 10 / 7:00 – 9:00 pm / No Charge!

**OLD TIME RADIO SHOW**

*The Adventures of Philip Marlowe*

*Created by Raymond Chandler*

Dive into radio noir’s dark underbelly with our cast of radio show actors as they transport you to the world of hard-boiled gumshoe Philip Marlowe, complete with live sound effects and original commercial jingles.

Directed by Carol Rumba.

*Cast: John McPeak as Philip Marlowe, David Ritter, Todd Little, Mark Turpin, JoAnn Pobocik, Terri Schroeder, and Cheryl Felch.*

There are two nights to choose from. Reserve your tickets early!

Friday, July 14 / 7:00 – 9:00 pm / $15 prepay, $20 at the door / BYOB
Saturday, July 15 / 7:00 – 9:00 pm / $15 prepay, $20 at the door / BYOB
Yes We Can!
Creative 360 launched this innovative program in the winter of 2014 as a way to engage with, and learn from, seniors over 80 years old and their wealth of experience and knowledge. We have celebrated more than 350 Great Lakes Bay artists, scholars, scientists and community leaders as they encourage and motivate us all to be more active, contributing community members at every age! Join us for this wonderful luncheon celebrating Carol Coppage.

Carol Coppage
Community Leader, Arts Administrator, Educator, Volunteer

Friday, August 18 / 11:30 am to 1:00 pm $30
RSVP required by August 10. Space is limited. 989/837-1885
This event will be held at Creative 360’s new location, 5501 Jefferson Ave. Midland MI 48640

Carol has had a rich and varied career which began in the sciences with a biology degree and work as a chemist and concluded in the arts and creative endeavors. After moving to Midland in 1961 with husband John, her fascination with art history and tireless work as a volunteer led to an administrative position for the Midland Art Council of the Midland Center for the Arts. During her tenure as the Director of the Alden B. Dow Creativity Center, on the Northwood University Campus, Carol taught classes on creative behavior, supervised the Fellowship Residency Program, and established the International Conference on Creativity in Colleges and Universities. Carol organized the Alden B. Dow Archives and eventually became Director of the Alden B. Dow Home & Studio. She retired in 1998 and now enjoys an active and interesting life in California.

The Philadelphia Story
by Phillip Barry

Tracy Lord, a Philadelphia socialite, is headstrong and spoiled. Already divorced once, Tracy is about to be married again when her first husband shows up to throw a wrench in the works. The wedding weekend grows more eventful as a handsome gossip reporter and a camerawoman arrive to cover the wedding… a ploy Tracy’s brother hopes will divert their attention from a current family scandal.

The big screen version of this furiously witty comedy of manners revitalized the career of Katharine Hepburn and cemented her status as the era’s most iconic leading lady. Hepburn played the formidable socialite Tracy Lord against various romantic foils, chief among them her charismatic ex-husband (Cary Grant) and the tabloid reporter (James Stewart, in his only Academy Award–winning performance). This fast-talking, screwball comedy is also a tale of regret and reconciliation and is absolutely hilarious performed live!

Two nights to choose from. Reserve your tickets early.
Friday, September 22 / 7:00 – 9:00 pm / $15 prepay, $20 at the door / BYOB
Saturday, September 23 / 7:00 – 9:00 pm / $15 prepay, $20 at the door / BYOB
Beginning Acrylic Painting – Spring into Summer
If you’re just starting out or have some experience with acrylics, this series will provide a thorough understanding of the principles and elements of art, color mixing, composition, and adding mediums to explore the versatility of this medium. With Cynthia Keefe, MFA, and Creative 360 Co-Founder. A materials list will be provided. **Preregistration required.**
Sunday, June 4, 11, (no class 18), 25, (no class 7/2), July 9, 16, 23 1:00 – 3:00 pm / $120, $25 drop in

WATERCOLOR: Creative Layering with Stencils & Maskoid
This is a perfect way to enjoy watercolors for their fluidity and layering ability. You may choose to paint abstractly or bring in a photo of your desired subject. Award winning artist and master teacher Nancy Philo (B.F.A painting, M.Ed.) will guide you on composition, values, and layering for impact and interest. **Bring the following:** 2 full sheets (26x30) 140 lb. Arches or similar paper, watercolors and brushes, masking tape (frog or masking), a pencil, and paper towel. Nancy will provide stencils and masking fluid. Bring a lunch! There will be a half hour break. **Preregistration required by 7/14.**
Tuesday, July 18 / 9:30 am – 2:30 pm / $75

Make Art and Friends….Outdoors!
Gather in beautiful outdoor spaces and make art with Midland as the muse. All mediums welcome: painting, drawing, photography, sculpture. We will meet at each location, then set up and make art in an unstructured format. Basic viewing of others work can take place at the end. Bring all of your own materials including chairs and a beverage! All ages & art skills encouraged. Facilitator Jackie Licquia has worked with a variety of people as an art teacher, activities director, and art therapist. She enjoys found object and mixed materials but her favorite medium is the creative expression of others. **Preregistration required.**
**Saturdays, 4:00 – 6:30 pm / $5 each gathering / Rain Date same time and location on the next day - Sunday**
July 22 / Stratford Woods – Landscape
August 26 / Downtown, Main St. – Cityscape
September 23 / Dahlia Hill - Still Life
October 28 / Barstow Pavilion – Fall Colors
Tai Chi 360
Also known as “moving meditation,” tai chi is a series of slow, gentle motions that are patterned after movements in nature. It has many health benefits for both body and mind and promotes an overall sense of well-being, vitality and inner calm. The class offers deep, internal understanding of the practice and whether this is your first time or you’ve been practicing for years, you are welcome! Taught in an open, friendly atmosphere. With Dianna Cole.
Tuesdays through August / 11:00 am – 12:00 pm / $5 drop-in

Alignment 8 Yoga at Creative 360
“Keri gives us all permission and space to grow, rest, restore, connect, and honor ourselves..” ~ A Student
Creative 360 is the home for Alignment 8 with Keri Kenney, ERYT500. Keri has over 2000 hours of teaching experience with dynamic and diverse populations. She truly meets her students where they are and is committed to the physical, mental and spiritual health and wellness of all.
Classes held at either at Creative 360’s downtown space at 144 Ashman St. or at the 1517 Bayliss Gallery.

Our pricing is community based:

- Community rate is $10 (discounted). Available so that everyone can experience the healing power of the practice.
- Sustainer rate is $15 (pays for you). The rate at which we can sustain the program.
- Supporter rate is $20 (pays for you and another). Pays not only for you but also the balance of the sustainer rate for community participants.

Vinyasa Flow
Held @ Creative 360 Ashman St. Galleries 144 Ashman St.
Vinyasa yoga pulls from many different paths of yoga including Iyengar, Hatha, Power, and Ashtanga and integrates alignment, integrity, and intention. Designed as a moving meditation, every Vinyasa class is unique, creating the opportunity to become stronger, more flexible, and balanced. Using sun salutations and breath-linked movement to transition from one pose to the next makes for a physically challenging class that allows students to move and focus on the breath while detoxing the body, mind, and spirit. Accessible and aligned yoga practices for all: Every class meets the moment and the needs of each practitioner in that moment with gentle guidance, ground and the grace to remember we each are and have all that we need. All are always welcome.
**Restorative Yoga**

*Held @ Creative 360 Ashman St. Galleries 144 Ashman St.*

A class accessible and aligned for all.

Restorative Yoga aims to foster mindfulness, patience, and compassion through gentle grounding postures, pranayama, and restorative practices. Restorative Yoga gives us a sacred and safe place to land, breathe, witness, and be. We will allow ourselves to rest, reflect, and receive comfort and cultivate the courage to gently allow and let go.

All are always welcome no matter what experience. Please do let us know how we can best be of support to you and your palace and protection of peace.

We also encourage bringing 2 blankets, 2 blocks, a bolster, and yoga mat if you have your own; if not, no worries, we will have community props available.

**Mondays, 7:00 – 7:45 pm / Held @ Creative 360 Ashman St. Galleries 144 Ashman St.**

**Chair Yoga**

Chair Yoga is a gentle practice in which postures are performed while seated and or with the aid of a chair. It is great for those with balance issues or trouble getting down and up off the floor. Chair yoga increases flexibility, strength and body awareness with different breathing techniques and meditation to promote focus, mental clarity and relaxation. All are always welcome to this space.

**Wednesdays, 10:30 – 11:30 am / Held @ 1517 Bayliss St.**

**Breath + Meditation**

*Held @ Creative 360 Ashman St. Galleries 144 Ashman St.*

Pranayama is the practice of breath control. This class introduces yogic breathing and concentration exercises that lead to a meditative state. Regular practice purifies the body and calms the mind, eventually leading to experiences of deep relaxation, peace, and vitality. No prior experience is needed. This practice is suitable for anyone seeking to calm the mind and revitalize the body and spirit. Come comfortable and feel free to bring anything that supports you, your breath and the taking of your seat.

**Saturdays, 10:30 – 11:00 am / $5 drop in / Held @ Creative 360 Ashman St. Galleries 144 Ashman St.**