Summer 2021 · Events & Classes

Creative 360’s Mission

To create environments that allow people of all ages and abilities to experience the creative process, and to enhance physical, mental and spiritual wellness through the arts and humanities.

Core Values

**Inclusiveness** – No matter your age, gender, race, beliefs, skills or life circumstances, you are welcome at Creative 360 and are free to be yourself.

**Creativity** – We believe that imagination and free expression are essential to any person’s life. We see creativity not as a finished product, but a journey of discovery, so we provide a non-judgmental atmosphere where all work is treasured.

**Respect** – We respect not only people, but also ideas. We are open to new and non-traditional programming. We believe in the power of saying “yes.”

**Community** – We believe that unity and compassion are components of a strong society. We work to bring people together.

Activities at Creative 360 are supported in part by the Michigan Council for Arts and Cultural Affairs; a partner agency of the National Endowment for the Arts, Midland Area Community Foundation, and the Herbert H. and Grace A. Dow Foundation.

Many new and exciting events, classes and workshops are still in the works. Keep checking back for updates!

**Here is a sneak peak:** Roane returns for a spooky celtic concert – Old time Radio Show returns – 2nd Hand Picasso art and antique sale - Kids & Canvas – Kids Art Experiences – Batik – Watercolor – and so much more!
EXHIBITION:

12th Annual Festival Celebrating Michigan’s Visual Artists, Writers, and Performers Age 55 and Over

Visual Art Exhibit  The exhibition will be shown in the gallery through August 29. Jurist Patricia Constantine of Kendal College of Art & Design selected the art as well as the prizewinning pieces.

Sentimental Journeys Creative Writing Contest
Call to purchase a booklet of all the submitted writings ($5 cash/check). Categories: poetry, memoir, short story

Admission to all of our Gallery exhibits is free and we are grateful for your donations that allow us to continue this policy. Call for weekend and evening hours.

Artfest 55 Best in Show 2021
Chris Ann French / Take Time

CREATIVE 360's

SPONSORED by Midland Towne Center and Storage

Join us on the lawn for these fun and lively performances! Bring chairs, blankets…anything you need to make yourself comfortable and settle in for an engaging evening. Come celebrate music and community! You may bring a picnic basket and beverages.

All concerts $10 in advance, $15 at the gate. Ages 10 and under free
Coleman Road
Friday, August 27 / 6:30 pm
Midland band Coleman Road will take you on a musical journey, as they play classic rock, blues, soul, and a variety of fun tunes. Michelle DeHate, vocals, flute; Rich Hibner, bass guitar, vocals; Glenn Isenhart, drums, vocal; Dave Leahy, guitar, vocals; Alex Rapanos, keyboard, vocals.

The Midland Saxophone Quartet
Friday, September 17 / 6:30 pm
John Anderson, Larry Carbary, Tim Lemke, and Jon Van Regenmorter, return to close out the Summer Concert Series. They play a wide variety of songs ranging from Bach to the Beatles with their usual bit of history and fun facts thrown in.
Private Paint Parties for Workgroups, Bridal Party Gatherings, Baby Showers, A Friends Get Together…. Anything Goes!
Find art that you would like your group to paint, or we will send along ideas! Or gather a group to make solar light topped summer sticks for your garden. You can choose to paint on mugs, wine glasses, or canvases. Bring in your group for a whiskey glass etching evening! Call to schedule a tailor-made event, just for you! Bring your friends and favorite brew, cocktails, or beverage, and we will provide the rest. All materials are included.

Time varies depending on project / $35 each

John Pratt Mosaic House Tour
The John Pratt Mosaic House stands as a reminder of a man who, through art, battled his demons and inspired countless others along the way. Visitors from as far away as Oregon have visited the house which was declared a folk art treasure by the Michigan State University Museum. Join us to learn about John Pratt and the twists and turns his life took that led him to this extraordinary endeavor. Everyone will then drive separately to the house to hear more stories and experience the house for themselves. You may also schedule a tour for your group.

All tours begin at Creative 360. (Photograph: Robert Iwamasa) Preregistration required.

Monday, Aug. 16 / 10:00 am – 12:00 pm / $5
Parallel Lives
By Mo Gaffney and Kathy Najimy
Directed by Adam Gardner-Northrop
Ashley Potts and Trena Winans
ARE BACK!!!

Once again, these hilarious actresses will assume multiple characters and personalities in this comedy sketch riot. From discussing God’s interior decorating choices to a stint in a West-Texas country music bar, these women aren’t afraid to tackle any material and the result will leave you in stitches! This play contains adult language and content, and strong X chromosomes.

Friday OR Saturday
August 20 or 21 / 7:00 - 9:00 pm
$12 pre-paid, $15 at the door, BYOB

Great Lakes Bay Region Mail Art Social
This is your time to laugh, learn and have fun making artsy postcards, envelopes and other items to mail to family and friends or to swap. We invite you to join us as we begin each social with a brief presentation and then we roll up our sleeves to have fun creating! Each participant will receive a M.A.S Passport. Suggestions on materials to bring are provided at registration. With Julie Welsh.

Preregistration required 3 days before each event.
Saturday, Sept. 11 / 9:00 am - 12:00 pm / $15
Sunday, Dec. 12 / 1:00 - 4:00 pm / $15

Poems Potpourri with Carol Sanford
Local poet Carol Sanford looks forward to her tenth reading in Creative 360’s gallery. Join her as she presents a mix of all new poems about growing up, marriage, travel, being an active great grandmother, growing old single, and her talking furniture. Please let us know you are coming. Light refreshments will be provided. Please Preregister.
Monday, September 13 / 7:00 – 8:30 pm / $8, all proceeds go to C360
Creative 360's Yes We Can! is a program that recognizes and honors those aged 80 and over in a way that respects their knowledge and taps into their legacy of creativity. This multi-faceted series was created for people of all ages to experience, giving participants ongoing opportunities to engage with and learn from a dynamic group of senior presenters and educators. Yes We Can! events usually take place in winter, but with Covid disruptions, we are offering some throughout the year.

**A Tribute to Larry Lage (95)**
**Educator, World War II Marine Veteran, Volunteer Extraordinaire**

Wednesday, September 15 · 2:00 – 4:00 pm
RSVP required by 8/7 / No Charge
Hors d'oeuvres by Windover Culinary Arts

Larry’s joy in life has always come from service to others. It began during World War II where he served his country as a proud member of the US Marines and eventually resulted in over 70 years of service to youth as a teacher. Larry enjoyed 50 wonderful years as a high school teacher in Troy, Michigan and when he ‘retired’ he continued to spread the love of learning by volunteering for 20 years at Windover High School in Midland. Larry believed that there was no greater privilege than to help a child reach their full potential and this desire to change the world one student at a time rubbed off onto his own children as two of the five of them are also school teachers!

Being a teacher takes great patience, which might explain Larry’s passion for the game of golf! He learned the game from his uncle when he was only 9 years old and has been playing ever since, only recently choosing to tee off at the senior tees.

A man of many talents, Larry and his wife Paddy Kutchey owned a Bed & Breakfast together where Larry not only served as the head chef (he is a marvelous cook!), he also was licensed to marry couples who said their wedding vows there. He and Paddy made the perfect team, she with the Honey-Do List and he with the building expertise.

More recently, Larry has served the Midland community by delivering Meals on Wheels and by taking clients to appointments. He and Paddy participate in Global Compassion Inc. and are honored to be able to improve the lives of students around the world, providing the resources that they need to have the brightest future possible.
The Breaking Bread Village
Season 2 Premiere!
With Live Music by Gezelle and Roland of the DJAM Band!
Join a LIVE studio audience for the Season 2 premiere of The Breaking Bread Village, a streamed show and podcast presented by Erin Patrice and 4Steps2theSun. This episode will include a meet and greet, a panel discussion featuring participants from widely different backgrounds and beliefs, and live music.
Preregistering is suggested / Free
The band starts at 6:30 pm
The show begins at 7:00 pm

Going Global Beyond Japan and the U.S.
Tsune Kawakita will share his experiences as a United Nations volunteer living and breathing the cultures of four foreign lands as presented in his book, Going Global Beyond Japan and the U.S. Tsune, born and raised in Japan, has been a resident of the United States for over 40 years. After his retirement from the Dow Chemical Company, he began his journey with the United Nations serving in Vietnam, Kazakhstan, Indonesia, and Thailand. Currently he provides language training to international employees. Books will be available for purchase. Refreshments provided.
Please Preregister
Tuesday, October 19 / 6:30 – 8:30 pm / $5
Mirror Glaze, Gold Leaf, Cake Collars, Ganache, and Fresh Berries = A Decadent Chocolate Cake Workshop with Artisanne Chocolatier!

This workshop is for people who want to learn to make a cake that looks and tastes professional and sleek. Join Anne Boulley, aka Artisanne Chocolatier, as she demonstrates how to make a truly magnificent mirror glaze and an exceptional cake collar. You will receive two of her 6” cakes; one you will decorate with mirror glaze and gold leaf, the other you will wrap with a chocolate collar after topping it with ganache and fresh berries. You will receive the recipes as well as enough tips to help you nail the flavors and designs at home. Of course, Anne will bring extras for tasting! **Preregistration required by 8/12.**

Sunday, August 15 / 1:00 – 4:00 pm / $50

Joining Forces: Education for Community Gardeners & Gardeners in the Community!

Join us for presentations followed by an open forum for discussion and tips from master gardeners and others in the community. These gatherings grew out of the collaborative efforts of the Midland County Master Gardener Association, Creative 360, the City of Midland Horticulture Department, and Evergreen Garden Club. **Preregistration Required.**

Tuesdays / 6:00 – 7:30 pm / FREE!

**August 24** - No Waste Kitchen Garden - Our City Horticulturist, Stephanie Richardson, gives guidance on creating a kitchen garden and using all that we grow without any waste.

**September** - Dahlias! Peggy Kernstock will talk about Dahlia Hill and the storage of tender tubers, bulbs, and corms.

**October 26** - Winter Gardening - Gardening into the winter: greens, herbs and root vegetables.
The Artist's Way

“Whatever you think you can do or believe you can do, begin it. Action has magic, grace, and power in it.”

~ Julia Cameron, The Artist’s Way

It has been nearly 30 years since Julia Cameron’s The Artist’s Way quietly took the country by storm, offering readers the tools to eliminate self-doubt and become a person of creative action. Elizabeth Gilbert (Eat, Pray, Love), Martin Scorsese (Raging Bull, Taxi Driver), and Anne Lamott (Bird by Bird) all sing the praises of the journey of self-discovery that Cameron’s book offers. If you are looking to discover the creative being within you – as a writer, painter, thinker, professional – this course is for you! Be prepared to discuss, to share and to unlock your potential in a class that many consider life-changing, including facilitators Melinda Gaal and Darby Gwisdala.

Participants are asked to purchase a copy of the book (used copies available at abebooks.com) and read the introduction through Week I before the first meeting. Preregistration required by 9/3.

NOTE: The first two gatherings will be on Tuesdays, the remainder, on Mondays.

Tuesdays, September 7, 14 / 7:00 – 8:30 pm
Mondays, September 20, 27, October 4, 11, 18, 25, November 1, 8, 15, 22 / 7:00 – 8:30 pm / $125

Graphite Warriors

For intermediate to advanced drawing students, this class focuses on creativity and critique while also reviewing the principles and elements of art. Some drawing experience required. With Cynthia Keefe, MFA, C360 Co-founder. A materials list will be provided. Preregistration required by 9/6

*Proof of full Covid vaccination is required to attend this class. Teens through adult.

Wednesdays, September 8, 15, 22, 29, October 6, 13, 20, 27 / 3:00 - 5:00 pm / $145

WELLNESS

Tai Chi: Intermediate & Advanced

Known for its many health benefits for both body and mind, Tai Chi promotes an overall sense of well-being, vitality and inner calm. Referred to as “meditation in motion,” the gentle flowing movements encourage the letting go of stress and tension and in this intermediate to advanced class, we will progress to a deeper and more internal understanding of the practice. Classes are taught in an open, friendly, and non-competitive atmosphere. Mondays, 11:00 am - 12:00 pm

August through December / $5 drop-in

Pricing reflects a $3 cash/check discount
Alignment 8 Yoga at Creative 360
Creative 360 will become the new home for Alignment 8 with Keri Kenney. Kerri is a certified yoga instructor with over 1000 hours of teaching experience with dynamic and diverse populations. She truly meets her students where they are and is committed to the physical, mental and spiritual health and wellness of all.

“Alignment 8 is about whole health and resilience,’ said Kenney. “Our mission of care and grace through the sharing of resources, practices, opportunity, education and building and repairing relationships with ourselves, our Higher power and with one another feels very closely connected to what Creative 360 stands for. I am so excited to be able to meet this important need in our community in partnership with the team at Creative 360.”

On Sunday, August 8, we host an Artist Talk and Open House featuring Alignment 8 visionary Keri Kenney. The informal program will start at 7 pm, with Kenney sharing her vision for her work with Creative 360. At 8 pm, she will lead a short centering practice for those who are interested in experiencing her teaching style. Everyone is welcome!

Our pricing is community based:
- **Community rate is $10** and is available so that everyone can experience the healing power of the practice.
- **Sustainer rate is $15** and is the rate at which we can sustain the program.
- **Supporter rate is $20** and pays not only for you but also the balance of the sustainer rate for community participants.
- A 10-class sustainer rate pass is available for $125

Vinyasa Flow
Vinyasa yoga is a series of postures, one flowing seamlessly into the next, uniting body, mind, and breath. Designed as a moving meditation, every Vinyasa class is unique, creating the opportunity to become stronger, more flexible, and balanced, while practicing being present to the moment. Using sun salutations and breath-linked movement to transition from one pose to the next makes for a physically challenging class that allows students to flow and focus on their breath while detoxing the body, mind and spirit.

Ashtanga yoga and integrates alignment, integrity, and intention.
This class pulls from some of the many different paths of yoga including Iyengar, Hatha, Power, and Be prepared to work your edge as you enjoy a fun flowing practice. All are always welcome.

**Mondays, 5:30 – 6:45 pm. Starting August 9**
**Wednesdays, 9:15 – 10:30 am. Starting August 11**
**Saturdays, 9:00 – 10:15 am. Starting August 14**

Rest + Reflect: Restorative Yoga with Journaling
This class blends gentle stretching and restorative poses with a focus on relaxing into the deepest layers of the body to return us to a place of release, surrender and calm.
From that space, we will reflect on what we feel, hear, witness, and hold as we integrate self-reflection and expression through the use of journaling and other forms of sharing our truth. For this class we encourage bringing something you can write both with and on. We do invite in the use of digital devices if that better supports you.

**Thursdays, 6:00 – 7:30 pm. Starting August 12**

**Chair Yoga**
Chair Yoga brings the best of a yoga practice to those who require or prefer the support of a chair. Using the chair for support, this class is focused on developing and maintaining mobility in small and large muscle groups, stretching, balancing [beside or behind the chair] and strength building for both body, breath, and mind. Students will explore versions of twists, hip stretches, forward bends and mild backbends.

Chair yoga classes help maintain mobility, improve flexibility, cultivate mindfulness and increase body awareness. Chair yoga is especially suitable for older adults, people with balance or coordination issues, and those with disabilities.

**Fridays, 9:00 – 10:00 am. Starting August 13**

**Gentle Movement + Meditation**
A class appropriate for all levels, Gentle Movement + Meditation is the ultimate mind-body-spirit rest & reset, aiming to foster mindfulness, patience, and compassion through gentle grounding postures, pranayama, and meditation practices. This gentle practice is intended to improve joint flexibility, free stagnation in the muscle tissue, lubricate the joints and foster a quiet, meditative state, feeling our peace in body and mind. All levels are welcome. No experience is ever needed.

**Sundays, 7:00 – 8:00 pm. Starting August 15**

**Hatha Yoga with Nicki Suppes**
This is a socially distanced slow flow vinyasa yoga experience using movement and breath to aid in overall wellness. Recent studies show a connection between yoga, improved mood and the increased ability to focus, as well as its tremendous physical benefits. Nicki Suppes (RYT 200) enjoys helping others discover their own inner peace while learning to move their bodies in ways they didn’t think they could. Suitable for all Levels. *Preregistration helps us limit class size so we can be safely spaced. Call or email to reserve your space.*

Tuesdays / 6:00 – 7:00 pm / $72 session, $10 drop in

**Session I:** September 7, 14, 21, 28, October 5, 12, 19, 26
**Session II:** November 2, 9, 16, 23, 30, December 7, 14, 21
Student Arts Day!

“Creative 360’s camp was the biggest hit of the summer!”

~ Camp Parent:

Join us for acting, movement, and art in a day long blast of creative expression and exploration! Campers will be grouped according to ages and will rotate through an amazing array of interrelated arts experiences that revolve around a single, fun story. Bring a lunch. Snacks provided. Grades 3 – 8. **Preregistration required by noon, 8/11.**

Thursday, August 12 / 9:00 am – 4:00 pm / $55

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**Talk to us about how we can schedule a private Kids & Canvas event. They’re great fun for birthday parties, scouting events, sports parties, homeschoolers, and more!**

Bring your group of 8 or more kids for creativity and fun. Modeled after our popular Cocktails & Canvas event for adults, these gatherings are specifically designed for children. We lead them through the process of painting their own version of the featured art on a canvas. Send us an image or choose from our extensive collection.