SUMMER 2020

Express Yourself Artshop provides opportunities for arts education to people of all ages and abilities including those with disabilities. An Inclusive program, everyone is welcome to join an Artshop class or workshop, especially if you prefer a more relaxed pace as you create. Artshop is a caring community of teachers, artists, students and staff that encourage and promote each person's self-expression.

Pre-registration required for all classes and workshops.

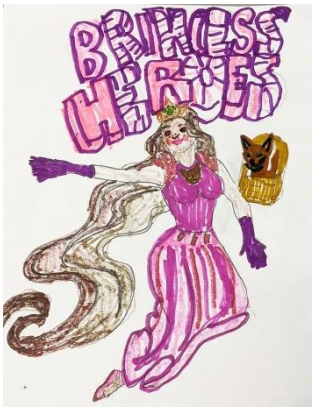
Pricing reflects a $3 per class discount on cash/check transactions. Those with Medicaid may choose to utilize part of their Community Living Supports budget for inclusion in the program. Payment plans are available. Movement classes held outside weather permitting.

MONDAYS: June 29, July 6, 13, 20, 27, August 3, 10, 17, 24, 31— 10 week session

Woodshop AM I — Design, construct, and paint or stain your own projects using hand tools, hand-held drills, circular saws, and jig-saws. Select from wood pieces on hand or bring in your own supplies. Your only limit is your imagination! With George Patton.
Limit 6 students. 9:30 - 11:00 am / $80 *(More Woodshop classes offered Tuesdays, Thursdays and Fridays)*

Mosaics — Learn the basics of building images with tile and glass pieces. Projects will be adjusted to be enjoyable for a variety of skill levels. With Tisch M. Lewis. 9:30 - 11:00 am / $80

Dance Party! — Get energized for the rest of your day by getting up and dancing! Students will practice a variety of moves to show off at their next party. Try different styles of dance from hip hop to the robot. Moves will be adaptable to all skill levels and abilities. With Emiliano Vega. 10:00 am-11:00 pm / $75



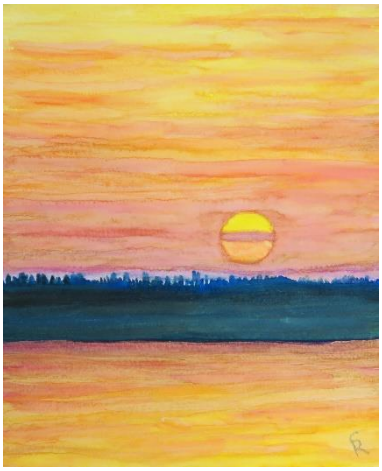
Drawing — Learn drawing techniques as you work with pencil, pastels, ink, and more. Practice drawing both from life around you and from your imagination. This class is great for both beginners and those with some experience who wish to develop their skills. With Emiliano Vega. 11:30 am - 1:00 pm / $80

Comic Book Art — Learn the foundations of comic design from start to finish. Practice cover designs and storyboards, cartooning and figure drawing, shading with ink, and creating movement and action. Learn how to draw familiar favorites and design your own memorable characters and stories. With Emiliano Vega. 1:30 - 3:00 pm / $80

Experiments In Art — Try a variety of art mediums and learn fun new ways to share your creations with the world. Make your own stickers, magnets, and iron-on patches, create Art Trading Cards to swap with friends, paint rocks to hide outside as a fun surprise, go on an art scavenger hunt, and many more creative adventures. With Emiliano Vega. 3:30 - 5:00 pm / $80

Strengthen, Stretch, and Dance — This full body workout can improve flexibility, coordination, balance and posture using techniques from Pilates, step aerobics, yoga and dance. Learn a variety of fun ways to stay active! Mats provided. Wear comfortable clothing. With Megan Marino. 3:30 - 4:30 pm / $75

TUESDAYS: June 30, July 7, 14, 21, 28, August 4, 11, 18, 25, September 1 — 10 week session



Woodshop AM II — See Monday's description. With George Patton. ***Limit 6 students.*** 9:30 - 11:00 am / $80

Watercolor — Experience the joy of watercolor as you learn about washes, brush strokes, layering, and creating texture using watercolor markers, and more. Beginning students will practice new skills and more experienced students will have the opportunity to try more detailed projects and continue to grow. With Allise Noble. 9:30 - 11:00 am / $80

Music Jam Session — Have fun singing, moving, and making music with instruments. Music making helps each person address social, motor, communication, and emotional identification skills and develop self-expression. With Sunghui Lee, Board Certified Music Therapist.
Limit 10 students. 10:00 - 11:00 am / $80

Cooking Fresh — Learn how to cook healthy meals and snacks. This session, we will maintain a plot in Creative 360's community garden and incorporate the fresh herbs and veggies we grow together into our recipes. You will learn hands-on gardening skills for the first 30 minutes of class, and then get cooking. With Diane Sweet-McKimmy. 11:30 am-1:30 pm / $115 + $15 materials

Mixed Media Weaving —Relax while creating your own mixed media weaving using basic weaving techniques. Age 18+. With Shelby Hatt. 1:45 - 3:15 pm / $80

Creative 360 / 1517 Bayliss in Midland · 989/837-1885 · www.becreative360.org

Yoga — Feel your best by incorporating yoga practice into your weekly routine. Yoga improves flexibility, balance, and energy and reduces stress. Moves will be adaptable to all abilities whether students wish to practice on a mat or from a chair. Each individual will enjoy yoga at their own comfort level.
With Nicki Suppes, Certified Yoga Instructor. 2:30 - 3:30 pm / $75

Ceramic Table Top Lights — Create your own ceramic table top art lights using clay hand building and glazing techniques. Age 18+.
With Shelby Hatt. 3:45 – 5:15 pm / $80

WEDNESDAYS: July 1, 8, 15, 22, 29, August 5, 12, 19, 26, September 2 — 10 week session

Exploring Art — Anything goes in this class! Enjoy experimenting with a variety of artistic media: watercolor, acrylic, pastels, pottery and wood with a goal of finding out what art form interests you most.
With George Patton. 9:30 - 11:00 am / $80

Acrylic Painting — Learn acrylic painting techniques with a variety of projects as you explore brushstrokes, blending, layering, color mixing, and more. Projects are enjoyable for beginner as well as more experienced students. With Emiliano Vega. 11:30 am - 1:00 pm / $80 + $15 materials

Art Through The Ages — Create unique projects based on art techniques from ancient through modern times. Explore art from different time periods and cultures as you work with both 2D and 3D mediums like paint, leather, pastels, clay, and more. With Emiliano Vega. 1:30 pm - 3:00 pm / $80

Plushy Factory! — Come up with your own idea for a unique shaped pillow, character, or stuffed animal, and then learn how to transform that idea a reality! Students will learn basic hand sewing techniques.
With Emiliano Vega. 3:30 - 5:00 pm / $80

THURSDAYS: July 2 , 9, 16, 23, 30, August 6, 13, 20, 27, September 3 — 10 week session

Card Making and Paper Crafting — Learn a variety of mixed media, stamping, and paper crafting techniques as you create beautiful handmade cards and other crafts for a variety of occasions. With April Bilow. 9:30 am - 11:00 am / $80

Healthy Moves — Fight the afternoon energy crash and get moving. Try different ways to exercise, reduce stress and feel happier with dynamic dance and movement games.
With Nicki Suppes, Certified Yoga Instructor. 11:00 am - 12:00 pm / $75

Recipe Swap Scrapbooking— Make a creative recipe book as you learn scrapbooking, stamping, and paper crafting techniques. Share and swap favorite recipes with your classmates to grow your collection. This is a great class for students already taking cooking, or anyone interested in creating an attractive reference that will help make meal planning easy. With April Bilow. 11:30 am - 1:00 pm / $80

Artshop Community Theatre (ACTing) — Experience the exciting world of drama as you put on a play from start to finish, including costumes, makeup and set design. Learn how to act expressively and memorize lines to the best of your ability. With Carol Rumba. 12:00 pm - 1:30 pm. / $80

Ceramic Vase and Pot - Make your own creative ceramic vase and pot using hand building and glazing techniques. Age 18+. With Shelby Hatt. 1:30 - 3:00 pm / $80

Creative Minds — Learn new art techniques as you complete projects inspired by artists from the present and past. Become inspired by the masters as you develop your own unique style. There will be a special focus on famous artists with disabilities. Let's explore art together! With Allise Noble. 3:30 pm - 5:00 pm / $80

Woodshop PM I — See Monday's description. With George Patton. ***Limit 6 students.*** 4:00 - 5:30 pm / $80

FRIDAYS: July 3, 10, 17, 24, 31, August 7, 14, 21, 28, September 4 — 10 week session

Ceramic Art Bowls — Learn to make your own ceramic art bowls using hand building and glazing techniques. Age 18+. With Shelby Hatt. 12:45 - 2:15 pm / $80

Ceramic Art Tiles — Create your own creative ceramic art tiles using hand building and glazing techniques. Age 18+. With Shelby Hatt. 2:45 - 4:15 pm / $80

Woodshop PM II — See Monday's description. With George Patton.
Limit 6 students. 4:30 - 6:00 pm / $80

ARTSHOP WORKSHOPS & EVENTS Pre-registration Required

COMMUNITY ART PARTY!

Enjoy an Artshop led creative community experience. There will be an open mic time at 3, and we invite our community members to come participate in sharing songs, stories, jokes, and poems along with our students and teachers. We will also have some of our students creating art live during the event with the option for guests to bid on their work. Completed art will be on display, so you can come snag some unique and affordable original art and crafts created by our Artshop students and staff. Enjoy a free make-and-take craft, and add to our community art project that will be auctioned off in our Annual Fall Fundraiser. Visit with our student artists, and enjoy light refreshments. All proceeds benefit the Express Yourself Artshop program and our Artshop students. Sunday, July 12 / 2:00 pm - 4:00 pm / No charge.

SUMMER'S END CELEBRATION

Enjoy food, fun and friends. Bring something to pass as we celebrate summer with a potluck dinner and a performance by our Acting class and our Afternoon Sing Along students. Thursday, August 27 / 5:30 - 7:30 pm / No charge.

CREATIVE CANVAS EVENTS

Artist and Artshop Program Coordinator Allise Noble guides you step-by-step as you paint an 11x14 canvas. Learn acrylic painting techniques such as brushstrokes and color blending. Templates and outlines are provided in addition to all the materials needed. All ages welcome. Pre-registration required.
Tuesdays, 6:00 - 8:00 pm / $20 each day

July 7 · Patterned Pets
August 4 · Proud Peacock

Create a whimsical, abstracted animal of your choice covered in fun patterns inspired by the art of Willow Bascom. Bascom is a contemporary artist who is inspired by the traditional and tribal patterns she was exposed to growing up in both Panama and Saudi Arabia. She lives with severe lupus, and adjusts her process and materials to suit experiencing chronic illness, continuing to thrive as a working artist. A variety of animal outlines will be available to trace, various images of patterns will be available for inspiration, and paint markers can be used for pattern. Students will be taught basic acrylic painting techniques and learn how to create pattern step-by-step.

GORGEOUS GLASS

With Shelly Kontak. Tuesdays, 6:00 - 8:00 pm

June 16 – Garden Mushrooms - $20

Create an adorable mushroom out of vases and bowls to add some whimsical charm to your yard or garden.

August 4 – Set of 4 Fruit Slice Glasses - $35

Spend an evening creating a decorative design on glassware. You will learn about surface prep, brushstrokes, blending, creating patterns and how to bake the pieces for scratch resistance and durability.

FAIRY TERRARIUM Workshop

Build your own whimsical fairytale world! These beautiful and fantastical terrariums make lovely decorations and special gifts. All ages welcome. Materials are provided, but you are welcome to bring personal objects from home to add to your piece if desired. With April Bilow. Two dates to choose from!
Mondays, 6:00 - 8:00 pm / $30 each workshop
July 13 OR July 20

CANDY MAKING

Learn how to make a variety of sweet treats to keep for yourself or give as gifts. Making your own candy is fun and delicious! Students will go home with recipes so they can make their favorites again at home. All ages welcome. With Diane Sweet-McKimmy. Saturday, August 8, 1:00-3:00 pm /$20.

VISIT ARTSHOP'S ONGOING EXHIBIT AT PIZZA BAKER!

Located in downtown Midland at 240 E. Main Street

amazing savings
midland area COMMUNITY FOUNDATION
ART WORKS.
National Endowment for the Arts arts.gov
michigan council for arts & cultural affairs

Creative 360 Stage, Studios & Gallery

Creative 360 and Express Yourself Artshop are supported in part by the Michigan Council for Arts and Cultural Affairs, a partner agency of the National Endowment for the Arts, Midland Area Community Foundation, Herbert H. and Grace A. Dow Foundation, Rotary Foundation, Kiwassee Kiwanis, Midland Towne Center, and Dollar Daze.