Elite 360 Dance Company Newsletter

Happy Holidays!

Volume 1, Issue 5 December 16, 2019

Dear Dance Fam

We absolutely cannot believe that our inaugural dance semester has already come to a close, and what a great semester it was! We made a lot of new dance friends.; our dance family more than doubled in size. We've all learned lots of new dance moves, tricks, and terms. The E360 Competition Team made a few appearances and are well on their way preparing for competition season.

As we begin the holiday break, it becomes more important than ever to stretch and practice at home… it only takes two weeks of inactivity for your muscles to forget what you've learned and the progress you've made! To be ready for next semester, make sure you are stretching each day. And don't forget to enroll for winter semester! Class and enrollment information can be found at the end of this newsletter.

Happy Holidays,
Miss Natalie & Miss Melissa

Ballet Brief

Ballet this week was a true test for all students. Kinderballet worked on pirouettes and some chane turns. Elyse, Evelyn, and Grace will be moving up to ballet 1 next semester! I can't wait to see Ev, Hadley, Nora, and Leyton in kinderballet next semester!
In ballet 2 next semester, we welcome Makaila, Peyton, Kelsey, and Shiloh!

And Ballet 3 this week did a LOT of leg work. When we come back, we will work with Logan and learn how to perform lifts! PRACTICE OVER BREAK!

Elite of the Week!

Kelsey is Miss Elite of the Week!

Kelsey is an incredibly energetic young gymnast! She has been chosen as Miss Elite of the Week not only for her continually positive energy, but also for all of the hard work and effort she puts into every single acro class. While Kelsey came to E360 with some beginning acro tricks, she has worked very hard to improve her technique to match Miss Melissa's tough standards and has started adding more difficult tricks (such as aerials) to her plate. Way to go, Kelsey!

"Oh Pineapple! I've got this!!"
~Miss Kelsey, Elite of the Week

Upcoming Events

December 14 - January 19:
Holiday break; no general classes

January 4:
Winter Semester Open House
11:00 - 2:00

January 6:
Last day for discounted
winter semester enrollment

January 20:
First day of winter semester classes!

Skillz Segment

Exercise of the Week: Half Pigeon

- Back leg straight, knee under
- Bend front leg at knee; outside of leg placed on ground
- Sit up straight, pushing both hips into the ground
- Hold for 20 seconds on each side

Dance Open House

January 4th

Join E360 from 11 - 2pm on Jan. 4th to learn more about classes, determine class placement, and enroll. There will be a FREE raffle drawing with prizes of free lessons and E360 gear! If you are interested in a scholarship or financial support for next semester, you must attend the Open

Competition Corner

Stretch, stretch, stretch! Practice, practice, practice! While the E360 competition team does not get a full break between semesters, please be sure you are still stretching and practicing each day. We are about to enter competition season, and we cannot take time to re-teach routines that have already been taught. You've made the competition team for a reason, and we know you can excel! Important upcoming dates for the competition team:

*Monday, 12/16 & 19: 5-6 TRIO, 6-7 Maddie and Makaila, 7-9 Katie. Thursday 7-9 is Maddie and Makaila

*Friday, 12/20: Holiday party! Comp girls need to dress up and meet at Olive Garden at 5:30pm. Parents should pick up their student at 12pm Saturday at Miss Natalie's house.

Aerial Highlights of ACRO

Miss Melissa is incredibly proud of all the acro achievements from this first semester! All students have successfully completed their Rocking Horse progressions, as well as all intermediate cartwheel progressions! Newest achievements from the Acro Skillz Test:

*Evelyn & Brooke: started working on somersaults standing up on one leg!

*Katie: started working on front limber!

*Peyton: started working on front walkover!

*Maddie, Shiloh, Kelsey, & Peyton: working on their aerials!

*Makaila: working on standing connected aerials and headsnaps!

Over break, be sure to keep stretching and practicing. In order to keep your strength up, each gymnast should be doing at least 20 handstand snapdowns each day :-)

December 15th is Maddie's Birthday .... HAPPY BIRTHDAY!

Thank You!

Thank you to all who came out to support E360 on December 7th! Whether you stopped by for some hot cocoa at the Holiday Bazaar or came to watch the Cool Lemon Jazz show, we certainly appreciated the support! Stay tuned for more opportunities to support E360 out and about in the community...

Enrollment for 2nd Semester is currently open!!!

Elite Arts Co.

Creative 360
Stage, Studios & Gallery

Elite 360
Dance Company

Email: Elite360@becreative360.org

EliteArtsCompany.org

Follow us on Facebook: Elite Arts Company

Elite 360 Dance Company
Winter Semester 2020
Course Sheet

January 20th – May 22nd; includes recital in May

To enroll, visit www.becreative360.org or call Creative 360 at 989-837-1885.

Mondays:	5:00 – 6:00pm	Kinder Ballet
	6:00 – 7:00pm	Musical Theater Jazz
	7:00 – 9:00pm	Competition Team
Thursdays:	7:00 – 8:00pm	Acro 2
	8:00 – 9:00pm	Competition Team
Fridays:	5:00 – 6:00pm	Ballet 1 & 2
	6:00 – 7:00pm	Acro 1
	7:00 – 8:00pm	Ballet 3

Kinder Ballet: Mondays 5-6pm (Ages 3-6)

Instructed by Natalie Schwartz and assisted by Katie Moyers

This course is perfect for little boys and girls who want to be dancers. This class is also great for squirmy and energetic kids who enjoy making new friends and being part of a group. All kids entering this class must be completely bathroom trained and turn 3 by January 1, 2020. Note: A ballet class is required for competition team members.

Ballet 1 and 2: Fridays 5-6pm (Ages 7-9, Ages 10-13)

Instructed by Natalie Schwartz

Ballet 1 continues the push of terminology and technique while fine-tuning the basics. Ballet 2 focuses on advanced terminology and technique. This class is combined for the purpose of giving the younger students goals and role models, as well as to give the older student's technique training. Note: A ballet class is required for competition team members.

Ballet 3: Fridays 7-8pm (Entry must be approved by Natalie Schwartz or Melissa Curtiss)
Instructed by Natalie Schwartz and Melissa Curtiss
This advanced ballet class is all about technique and being the best dancer you can be. Each class will focus on advanced ballet turns, jumps, and leaps. This class also dives into the history of the art, and ballet's effect on other styles of dance and cultures. This class is required for pointe students. Note: A ballet class is required for competition team members.

Musical Theater Jazz: Mondays 6-7pm (Ages 8+)
Instructed by Natalie Schwartz and Melissa Curtiss

This class is for kids, teens, and adults who love musical theater. During this course, students will learn about a new show/style of choreography each week, and pair it with a show. Once a month, Melissa Curtiss will come in and conduct tap week! This class is great as audition practice and exercise.

Acro 1: Fridays 6-7pm (Ages 6+)
Instructed by Melissa Curtiss and assisted by Makaila Lepley
This class is for kids who love the art of acro/gymnastics! In this class, you will learn the proper way to perform beginning acro tricks such as somersaults, handstands, and cartwheels, with a focus on safety during stretching and tricks. Note: An Acro class is required for competition team members.

Acro 2: Thursdays 7-8pm (Entry must be approved by Melissa Curtiss)
This course will build up to advanced tricks, such as aerials and back handsprings, incorporating them into choreography. This class promotes improvement in both flexibility and strength, while still focusing on safety. Note: An Acro class is required for competition team members.

Competition Team: Ages 6+ (Audition Based)

Coached by Natalie Schwartz and Melissa Curtiss, the E360 Team is a group of students who excel beyond their normal instruction time. Auditions for the E360 Competition Team are near the end of the summer vacation time, but students who plan on trying out should begin practicing for it well before the audition date. Talk to Melissa Curtiss or Natalie Schwartz if you or your child are interested in being on the E360 Competition Team, and they will point you in the right direction! ALL Team members are required to take one ballet class and one acro class per semester.

Summer Production: (Ages 3+)

Directed by Jaeleen Davis; Choreographed by Melissa Curtiss and Natalie Schwartz; Produced by Elite Arts Company

This year, Elite360's theater wing, Elite Arts Company, is gearing up for their free summer production. This year, they are putting on Sleeping Beauty at Midland Center for the Arts. Audition information will be given out to students at E360 Dance Company first! This program pairs well with summer camps and is great preparation for competition team tryouts. This course is FREE! Details coming soon!

Dance Open House
January 4th
11:00 - 2:00

- Meet your dance instructors
- Visit with your dance family
- Ask questions about classes
- Get evaluated for class placement
- Enroll in class
- Enter a FREE raffle drawing to win free lessons and free E360 gear!
- Watch the E360 Competition Team perform
- Sign up for scholarships and/or financial assistance

Current students who bring a friend to the open house will get an EXTRA private lesson raffle entry along with their guest!

Elite 360
Dance Company